

Swimming Lesson Programme

The Galleon Centres Swimming Lessons follow the structured programme of The Swimming Teacher's Association. This enables all participants to progress from complete beginners through to advanced levels.

Being safe around water and swimming styles are all covered throughout the criteria ensuring those who work through the lessons are competent and confident around any water environment.

Lessons are available in Groups or Individually.

Group Lessons run in 10week blocks and are 30min lessons.
Group lessons are £4.15 each = £41.50/block

Private Lessons run in 5week blocks and are 20min lessons.
Private lessons are £10.95 each = £54.75/block
Private Lessons 2:1 are £18.55 each = £92.75/block and are 20min Lessons.

For more information or to register on the waiting list please ask Reception for a Swimming Pack.

Clubs and Organisations

Kilmarnock Sub-Aqua Club - Monday's 21:00 - 22:00
Sports for Special Needs - Kilmarnock Jets - Tuesday's 18:30 - 19:30
Kilmarnock Amateur Swimming Club - Sunday's 19:00 - 22:00; Tuesday's 19:30 - 22:00,
Thursday's 18:00 - 20:00

RECEPTION/LM/FLIERS/POOLTIMETABLES/WINTER

13.09.11

Swimming Pool Winter Timetable 2013/2014

99 Titchfield Street
Kilmarnock KA1 1QY

Telephone (01563) 524014
Fax (01563) 572395



E-Mail: adminoffice@galleoncentre.com
Web: www.galleoncentre.com
Scottish Charity Number: SC 00 8314
Trust Established 1985

Main Pool Public Access

Day	Open	Shared
Monday	06:45 - 19:30	Lanes x2 07:00 - 09:30 Schools 09:30 - 10:30 & 11:00 - 12:00 Lanes x2 12:00 - 14:00 Lessons 16:30 - 18:45 Aquatrim 18:45 - 19:30
Tuesday	06:45 - 18:25	Lanes x2 07:00 - 09:30 Schools 09:30 - 10:30 Aquatrim - 10:30 - 11:15 Schools 11.15am - 12.15pm Lanes x2 12:15 - 14:00 Lessons 16:00 - 18:30
Wednesday	06:45 - 20:30 20:30 - 22:15 Adults Only	Lanes x2 07:00 - 09:30 Schools 09:30 - 10:30 - 12:00 Lanes x2 12:00 - 14:00 Lessons 16:00 - 17:00 Aquatrim 19:15 - 20:00 Masters 20:00 - 21:30
Thursday	06:45 - 17:45 20:00 - 21:45	Lanes x2 07:00 - 09:30 Schools 09:30 - 10:30 Aquatrim - 10:30 - 11:15 Lanes x2 12:00 - 14:00 College 14:00 - 15:45 Lessons 16:15 - 17:45
Friday	07:00 - 18:30 21:30 - 22:15 Adults Only	Lanes x2 07:00 - 09:30 Schools 09:30 - 10:30 & 11:00 - 12:00 Aquatrim 12:00 - 12:45 Lanes x2 12:45 - 14:00 Lessons 16:30 - 18:45
Saturday	08:00 - 20:00	Lessons 08:30 - 11:45 Lessons 17:30 - 18:00
Sunday	09:00 - 18:55	Lessons 09:00 - 09:15 Lessons 10:15 - 10:45 Lessons 11:15 - 11:45 Staff Training (occasionally) 15:00 - 17:00 Lessons 16:30 - 17:30 Lanes x2 17:30 - 19:00

Small Pool Public Access

Monday	07:00 - 09:30 10:30 - 11:00 12:00 - 15:30 19:00 - 19:30	Tuesday	07:00 - 09:30 10.30 - 11.15 12.00 - 4.00
Wednesday	07:00 - 09:30 12:00 - 14:30 19:00 - 20:30	Thursday	07:00 - 09:30 10:30 - 11:00 12:00 - 15:45 20:00 - 21:45
Friday	07:00 - 09:30 10:30 - 11:00 12:00 - 15:30	Saturday	13:00 - 16:30 17:00 - 20:00
	Sunday		12:45 - 15:30 18:00 - 19:00

Weekly Special Events



Inflatables and floats! An hour of fun for family and friends.

Fridays 18:45 - 19:45 and 20:15 - 21:15

School Holidays bring more fun swims on Mondays and Thursdays 13:00 - 14:45

Tues/Wed/Fri 11.15am-12.15pm
small pool Closed for Pirates

£3 for the whole family
17:30 - 20:00

Go for a Swim (inflatable rocket available), Sauna, play badminton, table tennis and soft play. Authorised User Card Holders can access Excells Gym.